

Two Institutional Best Practices

[I]

1. Title of the practice

Women's Empowerment

2. Goal

- To provide free environment to girls in the college.
- To bring awareness about redressal mechanism in case of sexual harassment.
- To create awareness among students and staff about gender equality.
- To use opportunities for positive discrimination for girl students so as to change prevalent attitudes and inculcate empathy.

3. Context

- The empowerment and autonomy of women and the improvement of their social, economic and health status is highly important.
- Improving the status of women also enhances their decision-making capacity at all levels in all spheres of life.
- Education is one of the most important means of empowering women with the knowledge, skills and self-confidence, giving paramount importance to the elimination of poverty, illiteracy and ill health among women.
- Achieving change requires policy and program actions that will improve the quality of women's life.

4. The practice

Programs and activities were organized for women's empowerment in the session 2019-20.

- A Workshop arranged on '**Women's Empowerment**' by cultural department on 30th September 2019.
- A speech competition was arranged for the students on '**Female Foeticides**' by Women's redressal committee of the college on 21st December 2019.
- Rangoli competition organized by cultural department adhering to the theme of 'Save Girl Child' on 22nd December 2019.
- Implementation of Sanitary Pad Machine in the girl's common room.
- Many students participated with their articles and poems on the topic of women's empowerment published by the college in annual Ninad Magazine in the session 2019-20.

- Also promoted and motivated girl students to organize and conduct various programs of college.

5. Evidence of Success

- Girl students spontaneously participated in the different programs and activities with the boy students.
- Remarkable increase in participation in sports activities.
- More girls registered as compare to previous year as volunteers in NSS Unit.
- The participation of girls is increasing in different activities and programs as an anchor and leads various programs.

6. Problems Encountered and Resources required.

- As most of the girls belong to poor and orthodox families, parents are reluctant to allow girls participation in off-campus activities.
- Lack of Funds to organize various programs and activities related to women empowerment.

[II]

1. Title of the practice

Cleanliness Drive

2. Goal

- To inculcate quality of cleanliness about self and college surroundings in students.
- To make students aware about the health of self and other people.
- To encourage students to participate in ‘Swaccha Bharat – Swastha Bharat’ Mission.

3. Context

- Negligence towards cleanliness spreads various epidemics and causes threats to personal and public life. Filthiness worsens health issues. It is necessary to inculcate the habit of cleanliness to keep society and the country healthy.

4. The Practice

To inculcate the cleanliness habit in students, college NSS departments implement various programs such as:

- Teachers with students clean the premises of college as a part of ‘Shramadan’ activity of NSS.
- Oath has been given to the students about the cleanliness.

- Efforts are taken by NSS volunteers to encourage people about the importance of cleanliness by conducting rallies in slum areas.
- Students are instructed to clean their own desk and bench and surrounding area.
- Students are not allowed to litter in the college premises. Any kinds of the waste material are forced to throw in dust bins which are installed at regular places in the college premises.
- Heavy penalties are implemented for littering the class rooms and warandah if found guilty.

5. Evidence of Success

- Students understood the importance of cleanliness.
- Students started keeping their sitting area clean and any kind of waste material generated throwing in the trash bins.
- Toilets and bathrooms are cleaner than the earlier.

6. Problems encountered and Resources required

- Cleanliness should be a public behaviour but some people neglect it.
- Plastic eradication is a big challenge.
- Eradicating bad habit of tobacco product especially, Guthka.